

If you have any allergies or intolerance
please let us know before placing your order.

STARTERS

- Home made Soup (VE)** house baked Ciabatta £ 5.95
- 4 BBQed chicken wing** £ 6.95
Choose jerked or piri piri sauce
- Salt & Pepper Calamari** with jerk BBQ £ 8.25
- Ackee & saltfish** with dumplings £ 9.95
- Creamy Garlic Mushrooms (V)** £ 6.95
Oven baked in a cheesy cheddar sauce, on
toasted ciabatta
- Chickpea doubles (VE)** £ 6.95
Topped with a cool fresh salsa salad
Choose plantain (VG) or fried bread (V)

VEGAN/VEGETARIAN

- Vegan Jambalaya** £ 12.55
A combination of rice with mixed vegetables
cooked together in tropical spices
served with side salad
- Chickpea JarkFruit curry** £ 12.95
Chickpea cooked together with callaloo then
served with plain rice

SOME SOUL FOOD

- Spicy Tasty Jambalaya** £ 15.95
A spicy tasty combination of rice, diced chicken
breast, king prawns on shell & chorizo, mixed
vegetables all cooked together in embe's
tropical spices. Served with salad on side
- embe's Boneless Curried Goat** £ 16.95
Cooked together with butter beans in tropical
spices to give the tenderness served
with rice "n" peas

- ½ Jerk chicken or Boneless Chick breast** £ 13.55
Chicken breast grilled then finished with tangy
home made jerk sauce gravy, coleslaw and
rice "n" peas.

Can substitute with mash potato instead of rice "n" peas

- Mango chicken** £ 13.55
One of the most popular embe's dish, chicken breast
cooked with fresh mango, onion, fresh tomato &
sweet peppers then served with embe's plain rice
- Callaloo Porched Salmon** £ 14.55
Porched salmon in creamy sauce and callaloo
Served on bed of creamy mash potato

(G) Contain Gluten (V) Suitable for vegetarian (D) Contains dairy (VE) Suitable for vegan
Our Mayonnaise is Vegan & Jerk BBQ sauce contains Barley (B) Barley, (W) Wheat, (S) Soya
(B) Buttermilk. Our butter is suitable for Vegan
Please be aware that our dishes are prepared in a kitchen where nuts, dairy products,
fish & gluten are present. Menu and price are subject to changes

FOOD MENU

Don't forget to compliment your meal with good
selection of wines, beer & definitely a Red Stripe
on tap, for more beer visit the DUCK's bar.

CLASSICS

- Cumberland Sausage & Mash** £ 12.55
Served with creamy Mash, steamed vegetables,
topped with home made gravy
- Full English** £ 11.95
Sausages, Bacon, Fried Egg, Baked Beans,
Hash Browns, Mushroom, tomato and
toasted Bread
- Mac 'n' Cheese (V) (D)** £ 10.95
Macaroni pasta in a cheddar, red leicester &
mozzarella, cream sauce. Served with mixed salad.
Add: Jerk chicken £2.50, King prawns £ 2.95

PIZZA

- Make your own stone baked pizza (G) 12"** £ 11.55
With tomato base and mozzarella cheese
then choose topping of your choice,
(can pick maximum of two toppings)
**Jack fruit, Pepperoni, Jerk chicken, Chorizo,
Prawns, Tuna, Black olives, Mixed vegetable, Callaloo
(Spinach), Sweet corn, Sweet peppers or
Mixed onions, Mushrooms**

**All our pizzas are available to take away*

STEAKS, BURGERS & CHOPS

- With superb flavour and tenderness,
served with Chips and Salad (Choose the sauce).
***Marinated 3 Lamb Chops** £ 16.95
***Crispy Chicken Burger (W) (S) (B)** £ 10.95
Add cheese to any of your burger for £ 1.55

SIDES £ 4.25

- *Chips *Plantain *Onion rings**
***Sweet potato chips**
***3 Fried dumplings**
***Mango & Avocado salad**
***Con on the cob**

SAUCES

Jerk BBQ, Spicy Mayo

Thank you for your visit today
and we hope to see you again soon!
Nick (Chef & Owner of embe Restaurant)

This menu is subject to change



Join us @ www.embe2go.com
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Kids Menu £ 8.55

Some of the main dishes are available for small portions, please speak to your server.

Penne Pasta in embe's tomato sauce. Add: Chicken or Mix vegetable £ 1.95

Chicken and white rice in tomato sauce Or without sauce

5 Chicken wings with salad choose with rice or chips

Mac 'n' cheese (D) with side salad

See pizza choices £ 8.00

Sunday Roast

Served from 12:00 Noon till 15:00 PM Booking is advisable

Your Classics Roast £ 12.95, Kids Portion (under ten) £8.55

*Roast pork loin *½ Roast chicken * Roast beef,

*2 Roast meat of your choice £ 15.95 (½ chicken is the option)

*Sunday Vegan Roast (Ask the waiter)

Served with steamed vegetables, 2 yorkshire pudding, roasted potatoes & gravy.

Jerk Afro Sunday Roast £ 17.95

Served with steamed vegetables, dumpling, coleslaw, roasted potatoes,

R "n" P, Con on the cob, & jerk gravy

(¼ Jerk Chicken, Salmon, Lamb)

Extras

Cauliflower cheese £ 3.55 3 Dumplings £ 2.55 (Also see other sides on main menu)

Join our mailing
list for the date!

The Oxtail £ 14.95 (When available)

Cooked together in combined tropical spices with butter beans,

Potatoes served with side of rice 'n' peas

Stir it up with DESSERT

Mango crumble (VG) £ 7.95

Served with a choice of either vanilla ice cream or custard

Jamaican Trifle (V) £ 7.95

Gingerbread topped with dark rum, mango & custard
finished with a dusting of chocolate

Caramelised PLANTAIN (VG) £ 7.55

With honey and dark rum sauce

3 Scoops of ice-cream. Choose you flavours £ 4.55

Vanilla, Chocolate

Extras

1 scoop of ice cream £1.55, Custard (VE) £1.25

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